



Republic of the Philippines
Department of Education
REGION II - CAGAYAN VALLEY
SCHOOLS DIVISION OF BATANES

29 September 2025

DIVISION MEMORANDUM

No. **275**, s. 2025

**CONDUCT OF SPORTS CLINIC FOR DEPED GRADES 3-6 LEARNERS
(ATHLETICS & SOFTBALL ONLY)**

To: Assistant School Division Superintendent
Chief Education Supervisors
Education Program supervisors
Public and Private Elementary School Heads
All Others Concerned

1. In line with the thrust of the Department of Education to strengthen the school sports program, and in support of the sports development agenda of the Provincial Government of Batanes under Mission H.O.P.E., this Office announces the conduct of a Sports Clinic for DepEd learners from Grades 3 to 6 in Athletics and Softball. The sessions will be held every Thursday and Friday, from 4:00 p.m. to 5:00 p.m.
2. The Sports Clinic aims to ignite the passion and continuity of sports among learners, ensure the development of motor skills, identify and select potential athletes to represent their respective schools, and instill proper values and sportsmanship.
3. The proposed schedule of activities will focus on Athletics (sprinting, breathing, pacing, throwing, and jumping techniques) and Softball (throwing, catching, hitting, and base running). Specific dates, schools, and expected accomplishments is hereto attached.
4. School Sports Coordinators are directed to identify and assign MAPEH teachers, or individuals with relevant experience in the specified events, to assist in the conduct of the activities. They are likewise expected to conduct a brief needs assessment to determine potential participants and available resources within their jurisdiction.
5. Coaches and Sports Coordinators shall submit weekly the monitoring forms with attendance and activity highlights to this office, attention to Jasmine Remolino, TA-I.
6. For information, guidance, and compliance.



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7. For guidance and clarification on the conduct of the clinics, concerned personnel may contact **Ms. Jasmine Remolino, TA-I for Sports**, through mobile number 0961-293-3153 or via Messenger.


DANTE J. MARCELO, PhD, CESO VI
Assistant School Division Superintendent
OIC- Office of the Schools Division Superintendent

Encl: As stated

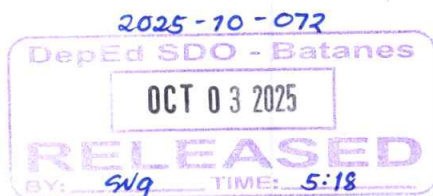
References: Provincial Government Project Mission HOPE

To be indicated in the Perpetual Index

Under the following subjects:

SUPPORT
EDUCATION

SGOD/myn/aach/JR



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Implementation Guide:
Softball and Athletics Sports Clinic
(grades 3-6)

I. **Identification Stage**

A. Initial Physical Tests: Basic Motor Skills

- Assesses fundamental motor skills: running, jumping, throwing, and balance.
- Develops hand-eye coordination & functional movement.
- Age-appropriate for 3rd-6th graders, focusing on learning procedures.

B. Key Physical Test Components

- Speed
- Agility
- Coordination
- Strength
- Power
- Flexibility
- Balance
- Endurance

II. **Implementation**

A. Schedule

Specific Event	Fundamentals	Date	School	Accomplishment
Athletics (runs, throws & jumps)	• Basic Sprinting • Breathing Technique • Pacing • Throwing • Long Jump technique	Oct 9-10 Oct 16-17 Oct 23-24 Oct 30-31 Nov 6-7 Nov 13-14 Nov 20-21 Nov 27-28	BCS DES BBS MCS IES UES & IIS ITBAYAT SABTANG	• Improved starting Stance • Controlled breathing • Learned Basic handling, Positioning & Throwing • Acquired proper take-off and landing form.

Softball	• Throwing & catching • Hitting and Soft Toss Drills • Running Bases	Oct 9-10 Oct 16-17 Oct 23-24 Oct 30-31 Nov 6-7 Nov 13-14 Nov 20-21 Nov 27-28	BCS DES BBS MCS IES UES & IIS ITBAYAT SABTANG	• Learned throwing mechanics and catching safely • Hit at least 3 of 5 toast balls • To understand scoring and position function
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B. Structured Session Planning

- Dynamic Warm-up: Active movements, light throwing.
- Main Part: Drills, skill practice, modified games.
- Cool-down: Focus on recovery and flexibility.

III. Continuous Monitoring & Evaluation

A. Monthly Progress Reports

- Individual Progress
 - Skill Development: Track speed, accuracy, and agility.
 - Participation & Effort: Monitor attendance, engagement.

B. Group Performance

- Analyze team metrics, cohesion, and performance trends.

C. Team Evaluation

- Coach Effectiveness: Assess leadership, impact & morale.
- Team Dynamics: Evaluate communication and cooperation.
- Feedback Loops: Use surveys for insights & strategy refinement.